



Save \$50 each week checklist

The best way to start saving money is to put in place some simple habits that can help you to spend less, oftentimes without being frugal. Combined with other easy-to-follow methods of spending wisely (see for example our other post and checklist on [the benefits of buying a used car instead of new](#), by year end, you'll see a nice stack of cash, thanks to some savvy savings habits!

Follow this easy checklist and save at least \$50 each week...

✓ Keep your cash.

Each time you break a bill, stow away the leftover cash. Use a change jar and put all your leftover change in it each evening. Then, get rid of the small change using coin machines, located in grocery stores, to get bills. At the end of the month, deposit all your bills and see how much you have saved.

✓ Take advantage of automatic deposits.

Set up weekly automatic deposits from your paycheck or checking account into your savings account. To get started with this habit, choose a small amount, such as \$20, that you'll never miss if you don't see it. Your savings will grow automatically!

✓ Walk or bike to work if possible.

If you're only a short ride from work, you can save money on gas and car maintenance by simply riding a bike or walking.

✓ Buy generic.

We all love the name brand cereals and cookies but switching to generic brands will save you a wealth of money in the long run.

✓ Save more at the store.

Plan your weekly menu around your grocery store's sales for each week.

✓ Never pay full price.

Try to use the best promo codes before you buy online. This can sometimes be difficult because it requires you to go searching online for coupons, for each product you want, which is time consuming.

What about having a way to do that instantly? Wouldn't it be great? Well, there's a [free tool](#) that can do all the work for you.

Try out one of the best and user-friendly tool available to get the top deals and offers available for your online shopping.

Click [HERE](#) to get this simple browser extension. It will automatically search the best prices for you and apply the discount before buying.

✓ Look for alternatives to cable.

With the high cost of cable TV, you could save \$15 per week (or more) by using a digital antenna, alternative sources of TV channels online, or with devices like those available from ROKU or Amazon.

✓ Kick the habit.

Whether it's smoking, going for a drink after work, grabbing a cup of coffee in the morning, or getting fast-food for supper, cutting down on some weekly spending habits will leave your bank account in a happy place.

Which spending habits will you cut down on? List them here and make a weekly plan:

Example: Fast Food - pick up fast food only once.

Use this checklist each week and watch your savings grow!

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